

Hypnotherapy Volunteers Needed

for students at the

Colorado Coaching and Hypnotherapy Training Institute

**Volunteers will experience deep relaxation,
learn self-hypnosis and more.**

For information, please contact (your name and contact information)

Hypnotherapy has been used successfully in the following areas

Personal Growth:

Jealousy
Shyness
Depression
Phobias
Abandonment
Improved Body Image
OCD Symptoms
Energy Work
Grief
Self-Consciousness
Anxiety
Panic
Anger
Sexual Problems
Insecurity
Post Traumatic Stress
Stress Reduction
Attitude Modification
Past Life Work
Self Esteem

Achievement and Prosperity:

Sports Performance
Improving Memory
Selling Skills
Studying

Shyness
Stage Fright
Self-Confidence
Academic Performance
Job Performance
Improving
Concentration
Self-Consciousness
School Related Issues
Stress Reduction
Overcoming Fears
Attitude Modification
Developing Motivation
Court Cases
Goal Setting

Health:

Stress Management
Irritable Bowel
Eczema
Muscle Pains & Tension
Fibromyalgia
Childbirth
Pain Management
Allergies
Incontinence
Migraines
Asthma

Stress Reduction
Improve Immunity
Cancer
Surgery
High Blood Pressure
Skin Conditions
Eliminate Effects of
Chemotherapy
Headaches

Habits and Behavior Change:

Smoking Cessation
Eating Problems
Insomnia
Procrastination
Weight Mastery
Nail Biting
Drinking Issues
Bed Wetting
Stuttering

