

# Zoilita Grant MS CCHt.

Master Hypnotic-Coach

Change Your Mind, Change Your Life!



## I HAVE USED HYPNOTIC-COACHING SUCCESSFULLY FOR:

Business Development and Planning

Career Coaching

Surgery Preparation

Sports Performance

Weight Mastery

Nail Biting/hair pulling

Insomnia

Improving Memory

Selling Skills/Focus

Jealousy/Grief/ Anger

School Related Issues

Travel/ Fear of Flying

Eczema/ Skin Conditions

Muscle Pains & Tension

Improve Immune System

Procrastination

Nervous Issues

Fibromyalgia

Becoming Happier

Problem Solving

Enhancing Creativity

Chronic Pain Relief

Academic Performance/ Studying

Headaches/Migraines

Life Design

Stress Relief

Sobriety Support

Goal Setting

Allergies/ Asthma

Shyness/Self-Consciousness/Body Image

Anxiety/Panic/ Phobias

Irritable Bowel/Incontinence

Bed Wetting

Abandonment/ Insecurity

Attitude Modification

Cancer/Chemotherapy Support

Developing Motivation

Increasing Deservingness

Self Esteem/Self Confidence

High Blood Pressure

ADD and much more...

## Hypnotic-Coaching Works!

I am a coach and do not do psychotherapy or mental health work.

Introductory hour session \$100 includes CDs.

303-834-5040

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[www.ColoradoCoaching.net](http://www.ColoradoCoaching.net) [www.ZoilitaGrant.net](http://www.ZoilitaGrant.net)

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